



RETIREEES' NEWSLETTER

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SOME PANDEMIC FLU HISTORICAL FACTOIDS

Pandemic is a global disease outbreak that makes people very sick and spreads rapidly from an identified point of origin. It travels rapidly from one continent to another. (Brown)

Influenza name comes from Italian 'influenza coeli' (influence of the heavens). Flu is a shortened form of the word. (Marrin)

First flu pandemic was in 1510 infecting Asia, Africa, Europe and the New World. (Marrin)

1889-1892 was the first influenza pandemic in modern times and the first sufficiently detailed and documented allowing its spread and impact to be assessed. (Brown)

1918 flu pandemic called 'greatest medical holocaust in history'. Virus had to jump from bird to pig host and then to humans. Gene swaps and mutations had occurred. WW I was ideal for transmission of the disease amongst humans. Estimated that 50-100 million people died worldwide. There were 675,000 deaths in the United States from the Spanish flu which began in rural Haskell County, Kansas. Named the Spanish flu when only Spanish newspapers were publishing accounts of the spread of the disease in other countries. Young adults were the most likely to die. Life expectancy fell from 51 years in 1917 to 39 years in 1918. Pandemic ended in 1920. In late 1990's, samples of 1918 flu DNA extracted from bodies buried in permafrost near Arctic Circle and identified its genetic code. (Marrin & Brown)

Scientists know about over 2000 species of viruses. There are 3 influenza viruses—A, B, and C. The A strain of virus is responsible for pandemic flu. Influenza A is found not only in humans but also in swine, birds, and horses. If a bird strain of flu and a mammalian strain of flu invade the same cell at the same time genes mix and can create a new kind of flu that can turn deadly. This is what happened in 1918. (Brown)

References: Brown, Jeremy. *Influenza*. & Marrin, Albert. *Very, Very, Very Dreadful*. & Barry, John M. *The Great Influenza*.

IN THEIR OWN SIX WORDS— RETIREEES' 2020 PANDEMIC STORIES



“Occupying time. Jigsaw puzzles. Brain exercise.” Janet Beasley (Transportation)

“It’s almost like being in hibernation.” Wayne Black (Health)

“I think dust should pay rent.” Langston Chambers (Family Court)

“Happy I can babysit my grandkids!” Peggy Cross (Transportation)

“Seeing glass half-full, not half-empty.” Delores Clayton (Parks)

“Quarantine, masks, ZOOM, social distancing.” Mary Dolan (Admin-DP-IT)

“Thankful I never got the virus.” Joanne Griggs (Transportation)

“Sewed more, Walked more. Drank more.” Allyn Hoke (Prosecuting Attorney Office)

“Have been busy canning our veggies.” Joan Koester (Transportation)

“Learned to be content at home.” Marian McCreary (Admin-Personnel)

“Pay attention, heal, push full recovery.” Marion Monteleone (Police)

“Stay safe, wear masks, social distance.” Betty Parran (Health)

“Pandemic-Keep Distance-Wear Mask-Survive.” Denny Roberts (Police)

“Covid mask, always used every day.” Marilyn Seals (Law Library)

“Pandemic time. Together separately. Civilization beware.” Rosemary Wilson (Health)

1918 SPANISH FLU EYEWITNESS ACCOUNT

“In Washington D.C. William Sardo said, ‘It kept people apart...It took away all your community life, you had no community life, you had no school life, you had no church life, you had nothing...It completely destroyed all family life and community life. People were afraid to kiss one another, people were afraid to eat with one another, they were afraid to have anything that made contact because that’s how you got the flu...It destroyed those contacts and destroyed the intimacy that existed amongst people...You were constantly afraid because you saw so much death around you...When each day dawned you didn’t know if you would be there when the sun set that day. It wiped out entire families from the time that the day begun to bedtime at night...entire families were gone completely....it happened all the way across the neighborhoods, it was a terrifying experience. You were quarantined is what you were, from fear, it was so quick, sudden...There was a constant aura of fear you lived through...’ ”

The Great Influenza by John M. Barry
(2018), p. 661.



(A non-profit organization incorporated 1/30/2006 Charter #N00713612)

MISSION: "To promote the well being, enhance the quality of life & encourage the full potential of St. Louis County retirees by promoting socialization while supplying helpful information on issues & matters important to civilian retirees"

NO MEETINGS OR EVENTS SCHEDULED AT THIS TIME (Not forever. Just for now.)

CHECK THE WEBSITE FOR UPDATES

www.STLCCRA.com

Membership dues \$12/year
c/o Delores Clayton, Treas. PH 314-385-3324
E mail: deelo65@sbcglobal.net

Association Information:
c/o President, Marian McCreary
Telephone: 314-291-1867
Email: mmccre8814@aol.com
Website: www.STLCCRA.com

In this time of COVID-19 Pandemic...

Stay Safe and Well



MISSION:

"We stand as an advocate and protector of rights of the retired Police Officers and Civilian employees of the St. Louis County Police Department.

"We shall maintain communications with St. Louis County Government and the Police Department to insure retired employees receive all benefits earned during their career protecting the citizens of St. Louis County.

"We support, recognize, and honor all who chose law enforcement with St. Louis County Police Department."

"To All Retirees,
The Assoc. Executive Committee has been reviewing the potential of having our annual picnic/BBQ. Due to the current restrictions relative to COVID, it appears that neither of these are an option. Because of the concerns regarding age and preexisting medical conditions, we have decided to postpone these events until further notice. We hope everyone is staying safe. Monty"

Membership dues \$15/year
c/o Deborah Arington, Treas.
Phone: 314-423-9978
E mail: deboraharington1953@gmail.com
Association Information:
c/o President, Monty Monteleone
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CONGRATULATIONS!

Left: Randy Ottinger, FAA Safety Team Program Manager
Right: Jerry Hawkins, Master Pilot

Jerry Hawkins Receives Wright Brothers Master Pilot Award August 16, 2020

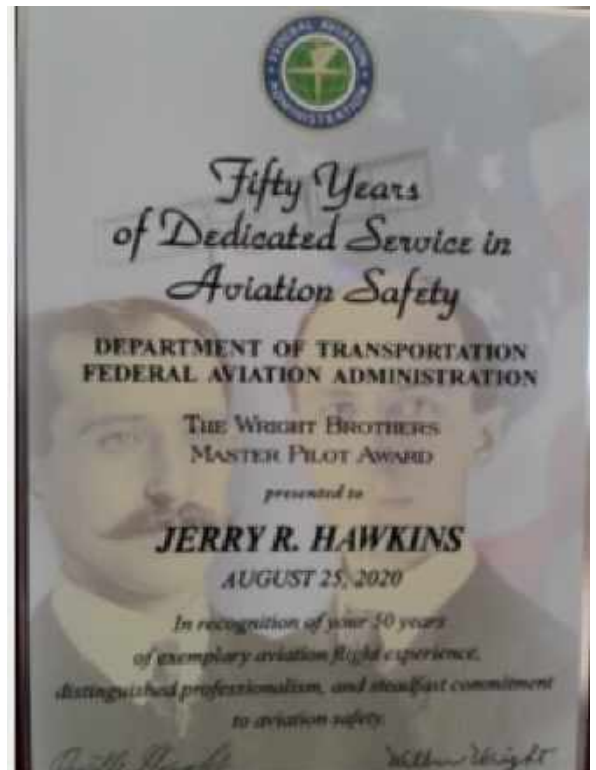
Jerry was a St. Louis County Police Officer from 1969-1988.

On August 3, 1970 Jerry was selected as an original helicopter pilot to begin flight training. He did WELL in the position:

- >50 years of piloting experience dedicated to aviation safety
- >No accidents or violations
- >Recommendation by at least 3 rated pilots with knowledge of his safe flying history for this award

Jerry's wife, Marlene, proudly watched him receive his award.

Jerry is currently a retiree of St. Louis County and the Treasurer of the St. Louis County Retired Police Association.



ST. LOUIS COUNTY UPDATES: FYI

WEBSITE: New one under construction and will offer more security as well as choice of several languages to read it

311: St. Louis County easy access phone number doesn't work on all landlines but does on all cell phones

Recent Retirees

June, 2020

Hart-Mahon, Margaret	County Counselor's Office
Holtzman, James	Human Services
Kawelaske, Richard	Transportation
McCain, Sheron	Public Works
McNutt, Marvin	Justice Services
Medler, Edward	Transportation
Pisetta, James	Transportation
Quesenberry, Dale	Health
Ryland, Clara	Human Services
Salamone, Vito	Police
Taylor, Jerome	Justice Services

July, 2020

Barnett, Gregory	Transportation
Becker, Arthur	Transportation
Brooks, Michael	Assessor's Office
Hicks, Keith	Sheriff's Office
Hupp, Ervin	Transportation
Nelson, Susan	Transportation
Purgahn, Dawn	Prosecuting Attorney's Office
Smith, Aleeta	Assessor's Office
Stollhans, Peter	Police
Williams, Arthur	Police
Zarbo, Mary	Sheriff's Office

August, 2020

Busalaki, Michael	Police
Grobelny, Scott	Police
Grosman, John	Police
Jeffery, Darren	Police
Jones, Paul	Family Court
Lewis, Morris	Justice Services
Maher, James	Transportation
Robertson, Allen	Justice Services
Sharpe, Kevin	Transportation
Tyson, Iris	Health
Washington, Anthony	Justice Services

INFORMATION SUBMITTED BY STL COUNTY RETIREMENT & BENEFITS OFFICE

**Deceased Retirees
June, 2020-August, 2020**

Brisby, Robert Family Court	6/9/2020
Robinson, Otha Assessor's Office	6/10/2020
Downey, Yolanda	6/12/2020
Nichols, Louise Revenue	6/12/2020
Atchison, Ethel	6/14/2020
Schaefer, Clare	6/14/2020
Moorman, Rummyrtle	6/15/2020
Hawn, Patricia	6/24/2020
Howard, Charles	6/24/2020
Been, James Police	6/29/2020
Elder, Karen	6/30/2020
McKean, Terry	7/01/2020
Stone, Cheryl Justice Services	7/06/2020
Buss, Beverly	7/07/2020
Wallace, Bessie	7/17/2020
Strode, Lester	7/18/2020
Dupuis, Sophie	7/23/2020
Stoff, Ronald	7/27/2020
Sanchez, Karen Justice Services	8/03/2020
Zotta, Victor Sheriff's Office	8/10/2020

(Information submitted by St. Louis County Retirement and Benefits Office)



ACTION ITEM

Register at OASIS St. Louis

**Zoom Class for computers or mobile devices
FREE 50 minute classes in October or November
www.stloasis.org or 314-862-4859 x24**



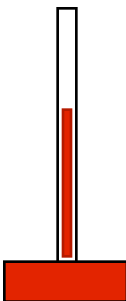
ACTION ITEM

Informed Delivery at USPS.COM

**Free sign up for email images of your mail
scheduled to arrive that day. Track incoming
packages on Delivery dashboard or app.**

COLA BAROMETER

(COLA=Cost of Living Adjustment)



>St. Louis County Retirement Fund Balance on:
07/31/2020=**\$754,778,556**
>Funded Ratio on 6/30/2020=**68.7%**

NOTE: RSMo Section 105.684.1 specifies that a Missouri public employee retirement plan must have a minimum funded ratio of 80% to grant COLA with funded ratio not less than 75% in the plan after implementation of the COLA.

NOTE: St Louis County is a Charter County and as such has option to NOT follow the letter of this law in the matter of a COLA with its retirement plan.

Sept-Oct, 2020

Page 6 St. Louis County Retirees' Newsletter

Quote Worthy:

**Adversity introduces us to ourselves.
No one knows how strong we are until
being strong is our only choice.
Dan Clark, Professional Speaker**

**Don't just count your years.
Make your years count.
Ernest Meyers**

ONLINE POTPOURRI

- >aarp.org/DownsizingWorbook-checklists, advice
- >www.missingmoney.com--missing/lost/unclaimed \$
- >www.unclaimed.org--unclaimed \$
- >www.webopedia.com--online tech dictionary
- > http://www.aging.com/complete-guide-for-veteran-seniors/
- >www.voycestl.org--long term care consumer resource directory
- >https://Pueblo.gpo.gov--catalogue of free publications (money, health, food, travel, ++++)

St. Louis Health Equipment Lending Program

FREE reconditioned wheelchairs, hospital beds, crutches, shower chairs ++++++

Call 314-567-4700



<http://www.stlhelp.org>
(Non-profit)

Graphics: freedigitalphotos.net

Fiscal data furnished by STL County Retirement & Benefits Office



**STL County Retirees:
Civilian=2727
Police=526
(Sept 10, 2020)**