



CORRECTIONS MEDICINE

Dietary Services

ACA Standard: 4 ALDF – 4A – 07 and 4A – 11

Effective: January 1994

Revised: July 2015, April 2016, August 2019

Reviewed: Aug 2001, Aug 2010, Aug 2011, May 2017, Apr 2018, May 2019

Policy Number:
CM – 46

- I. **PURPOSE:** To provide adequate diets for incarcerated individuals utilizing the recommended by the U.S. Department of Agriculture National Dietary Guidelines.
- II. **POLICY:** Balanced and nutritious diets are provided as recommended by the National Dietary Guidelines. Special medical diets are available when ordered by a medical provider.
- III. **RESPONSIBILITY:** All staff members working for Corrections Medicine are responsible for the content of and adherence to this policy and procedure.
- IV. **PROCEDURE:**
 - 1. A licensed dietician from Saint Louis County Department of Public Health (DPH) analyzes the menus prepared for the incarcerated population on an annual basis. Nutritional adequacy is evaluated and nutritional changes are recommended to the Department of Justice Services (DJS).
 - 2. DJS verifies that the menus are in accordance with the requirements of the National Dietary Guidelines on a quarterly basis. The Food Service Manager supplies menus for all diets with the nutritional content for each day.
 - 3. Special medical diets as ordered by the medical provider or dentist are available by order. Any decisions to stop medical diets are a therapeutic decision and are ordered by a medical provider. Special diets provided include: diabetic, renal, gluten-free, low salt, soft, pureed, and liquid, and exclusions for verified food allergies.
 - 4. Diets are ordered by a provider in the electronic medical record. The nursing staff transcribe the order by placing a caution code in the Integrated Jail Management System with the special diet type and any special instructions. If the patient is on a special diet for a limited amount of time because of a medical condition, the caution code is removed when the diet order is complete.
- V. **REFERENCES:**

American Correctional Association; Performance-Based Standards for Adult Local Detention Facilities, fourth edition; 2004; Standard 4-ALDF-4A-07 and 4-ALDF-4A-11

National Commission on Correctional Health Care; Standards for Health Services in Jails; 2018; Standard J-F-02